

INSTRUCTIONS ON COLLECTING COVID-19 (SARS-COV-2 SWABS)

STEP 1 - Securing the collecting of swabs

Make sure you keep an area of 2 meters around the patient clear. Protect yourself by wearing the following:

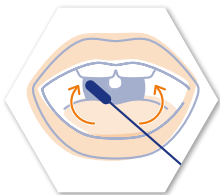
- A face mask covering both mouth and nose – at least FFP 1
- Protective goggles
- Protective gown
- Medical gloves

STEP 2 - Preparation

- **Completely** fill in the application form outside of the 2 meter area around the patient and open the package containing the collecting materials.
- Prepare the materials by filling in the patient identification sticker and place it within reach.
Please note: the patient information sticker is not placed until STEP 6
- Take the lid of the medium.

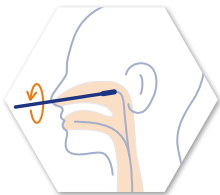
STEP 3 - pharynx (throat) and nasopharynx (nose) swab

Important: if the used kit contains only one (1) swab or the second swab is, for whatever reason, unusable, the one swab can be used for obtaining both (type of) samples.



STEP 3A - Taking the throat swab (pharynx)

- Make sure the patient has his or her head tilted backwards.
- Make the patient say 'A' when inserting the swab.
- Rotate the swab against the back tissue of the throat.
- Insert the swab in the medium and break the wand.
- Leave the tube open and collect the nasopharynx swab.



STEP 3B - Taking the nose swab (nasopharynx)

- Make your patient blow his or her nose first and then tilt the patient's head backwards.
- Pull the tip of the nose a little upwards.
- Insert the swab in the nose, until slight resistance is noticeable.
- Turn the swab inside the nostril against the back tissue of the nose (nasopharynx)
- Insert the swab in the same medium as the throat swab (pharynx, step 3A) and break the wand.

Please note: the wand sticks out for approximately 1 cm above the top of the tube when the wand has been broken.

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STEP 4 - Preparing the tube

- Place the hollow inside of the lid on the (possibly) extended part of the nose swab.
- Press the lid down and turn it tightly, until you feel a slight resistance.

STEP 5 - Desinfection

- Desinfect the tube using 70% alcohol and let it soak for 1 minute.
- Use 70% alcohol to sanitize your hands and the packaging material.
Important: Please let the sanitizing alcohol soak for 1 minute.

STEP 6 - Shipping the materials

- Place the patient information sticker on the tube and place this, separately, in the safety bag containing the absorption materials.
Please note: the patient's name and date of birth must remain visible through the safety bag material.
- Place the safety bag inside the shipping envelope
- **Please note: to prevent contamination it is important that the application form is not inserted in the safety bag containing the organic material. Please add the application form in the envelope separately.**

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